



**Allstate**  
BENEFITS

## Did you know you have a Wellness Benefit with the cancer plan you chose?

The Wellness Benefit provides a **\$25** benefit for the **Low Plan** and a **\$100** benefit for both the **High** and **Premium Plans** that is paid directly to you.

Each covered person is eligible for this benefit one time per calendar year.

### Did you know there is no time limit to file a claim?

For claims older than one year, you can submit your docs by:

- **Mail to:** American Heritage Life Insurance Company  
1776 American Heritage Life Drive, Jacksonville, FL 32224
- **Fax:** 800-430-4188

### Items that are NOT eligible for reimbursement:

- Routine physicals where a listed screening is not performed
- Screenings performed for an employee who does not have cancer and specified disease coverage with Allstate Benefits

### How do I file my claim?

Visit the **MyBenefits** website to file your claim.

See reverse for instructions.

For questions, please contact the **NCFlex Customer Care Center** at **866-232-1517**

### Meeting Your Needs

- Our products are portable
- Pre-existing conditions do not apply
- 100% coverage also available for your dependents

### Your eligible Wellness exams:

- Biopsy for skin cancer
- Blood test for triglycerides
- Bone Marrow Testing
- CA125 (cancer antigen 125 - blood test for ovarian cancer)
- CA15-3 (cancer antigen 15-3 - blood test for breast cancer)
- CEA (carcinoembryonic antigen - blood test for colon cancer)
- Chest X-ray
- Colonoscopy
- Doppler screening for carotids or peripheral vascular disease
- Echocardiogram
- EKG (Electrocardiogram)
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- HPV (Human Papillomavirus) Vaccination
- Lipid panel (total cholesterol count)
- Mammography, including Breast Ultrasound
- Pap Smear, including ThinPrep Pap Test
- PSA (prostate specific antigen - blood test for prostate cancer)
- Serum Protein Electrophoresis (test for myeloma)
- Stress test on bike or treadmill
- Thermography
- Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms

**NCFLEX**  
STATE INSURANCE PLANS  
NCFLEX.ORG

# Accessing your benefit information has never been easier

MyBenefits is an easy-to-use website that offers you 24/7 access to important information pertaining to your benefits.

# MyBenefits

Innovative online capabilities at your fingertips



## 1. Online Access 24/7

Access your claim and benefit information anytime, day or night.

## 2. Fast File

Complete your claim submission online for quick processing. Use your mobile device to take a picture of your documents and submit using your smartphone, tablet or PC.

## 3. Express Claims Process

Have your Wellness benefit claim processed within 48 hours (supporting documentation required) by filing through our Express option. Elect to have your claim benefit payment directly deposited into your checking account.

## 4. Coverage Information

Print or view your coverage details or certificates on existing coverage.

## 5. Help Center

Gives you anytime access to our Forms Library, Upload Center, contact information and recent account activity.

## 6. Message Center

Alerts you of claim status updates and other important information.

## 7. Mobile Friendly

Use your mobile device to upload pictures of your claim forms and supporting documents.

For questions, please contact the **NCFlex Customer Care Center** at **866-232-1517**  
MyBenefits – [mybenefits.allstate.com](http://mybenefits.allstate.com)

Rev. 7/23. This material is valid as long as information remains current, but in no event later than July 1, 2026.

The coverage provided is limited benefit supplemental cancer and specified disease insurance, underwritten by American Heritage Life Insurance Company. The coverage has limitations and exclusions. For costs and complete details of coverage, contact your Allstate Benefits Representative. Allstate Benefits is the marketing name used by American Heritage Life Insurance Company (Home Office, Jacksonville, FL), a subsidiary of The Allstate Corporation. ©2023 Allstate Insurance Company. Visit us at [www.allstate.com](http://www.allstate.com) or [allstatebenefits.com](http://allstatebenefits.com)